

## Jefferson County Resources

### Clothing

Greater Birmingham Ministries | 326-6821

### Dental Care

Cahaba Medical Care | 205-926-2992  
Cahaba Valley Health Care | 991-8771  
Christ Health Center | 205-380-9446

### Department of Human Resources

Adult Protective Services: | 423-4900  
Child Abuse Hotline: | 423-4850  
Child Support: | 423-4460  
Family Assistance: | 423-4300  
Food Stamps: | 423-4200

### Drug / Alcohol Abuse

Alcoholic Anonymous | 877-941-0346  
Aletheia House (Men) | 324-6502  
Aletheia House (Women) | 279-3999  
Birmingham Treatment Center | 941-1799  
Narcotics Anonymous | 800-407-7195

### Employment

Vocational Rehabilitation: | 290-4400

### Eye Care

Alabama Sight (eye glasses) | 325-8519  
Cahaba Valley Health Care | 991-8771  
UAB Eye Care | 934-1208

### Food Assistance

Catholic Centers of Concern | 786-4388  
Food Stamps | 423-4200  
Serving You Ministries | 205-777-3653  
Urban Ministries, Inc. | 781-0517

### Health Care

Adolescent Health Center | 939-9231  
Alabama Regional Medical Services | 205-212-5600  
Cahaba Medical Care | 205-926-2992  
Christ Health Center | 380-9455  
Cooper Green Mercy Health Services | 930-3200  
M Power Ministries | 595-5959  
St. Vincent's Dial-A-Nurse | 205-939-7878

### Health Insurance

All Kids | 1-888-373-5437  
Enroll Alabama | 1-844-248-7698

### Housing

Housing Authority Birmingham | 324-0641  
Jefferson Housing Authority | 849-0123  
YWCA | 322-9922

### IRS

801 Tom Martin Dr.: | 912-5333

### Legal Resources

Birmingham Volunteer Lawyers | 334-269-1515  
Legal Services of Alabama | 328-3540

### Mental / Behavioral

East Side Mental Health Center | 836-7283  
JBS Mental Health Authority | 595-4555  
UAB Mental Health Care | 934-7008

### Shelters - Abuse

YWCA Domestic Violence | 322-4878

### Shelters - Family

Family Promise | 918-0246  
Salvation Army | 328-5656

### Shelters - Men

Jimmie Hale Mission | 323-5878  
The Firehouse Shelter | 252-9571

### Shelters - Women

First Light | 323-4277  
YMCA | 205-591-4302

### Social Security Office

1200 Rev Abraham Woods Blvd: | 800-772-1213

### Transportation

MAX Bus Service | 521-016

### Utilities

Greater Birmingham Ministries | 326-6821  
Jefferson Economic Opportunity (JCCEO) | 327-7500  
Salvation Amy | 328-5656  
Serving You Ministries | 205-777-3653  
Urban Ministries, Inc. | 781-0517

## **Jefferson County Resources**

### **Important Numbers**

Crisis Help Line | 323-7777

Emergency | 9-1-1

Jefferson County Sheriff | 325-1450

Poison Control | 939-9201

United Way | 251-5131